

Fairly Traded

Mar Apr 2010



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The Suma logo features a stylized sunburst or leaf-like symbol above the word "Suma" in a bold, sans-serif font.

Suma

Code	Description	Size	RRP	BGOSV
BAGS, BOXES AND BASKETS				
<i>SARAH SMITH</i>				
NF384	Fairtrade Cotton Shopper Bags	1	10.25	FV
<i>VERT VIVANT COTTON STRING BAGS</i>				
NF365	Ivy - light green	5 bags	2.49	FO
NF366	Mulberry - purple	5 bags	2.49	FO
NF363	Natural	5 bags	2.49	FO
NF367	Raspberry - pink	5 bags	2.49	FO
NF183	Royal - mid blue	5 bags	2.49	FO
NF368	Sapphire - light blue	5 bags	2.49	FO
NF364	Teal - dark green	5 bags	2.49	FO

BAKING SUNDRIES				
<i>STEENBERGS</i>				
LJ334	Vanilla Extract Fairtrade Org	100ml	7.49	FOGV

BEANS & PULSES - CANNED				
<i>SUMA</i>				
VF730	Aduki Beans, Fairly Traded OG	400g	0.99	FOV
VF860	Black Beans, Fairly Traded OG	400g	0.99	FOV

BEANS & PULSES - DRIED				
<i>SUMA PREPACKS - ORGANIC</i>				
PU244	Aduki Beans, Fairly Traded OG	500g	1.39	FGOV
PU148	Black Beans - organic	500g	1.65	FGOV
PU219	Soya Beans - organic FT	500g	1.35	FGOV

BEERS				
RT003	Fair Trade Ginger Pale Ale	500ml	2.19	FOV

BISCUITS CRACKERS & CRISPBREA				
<i>DOVES FARM</i>				
BT267	Brazil Nut & Ginger Cookies GF	150g	1.59	FGOSV
BT271	Chocolate Chip Cookies - GF	150g	1.59	FGOSV
BT266	Double Chocolate Cookies - GF	150g	1.59	FGOSV
BT268	Hazelnut & Orange Cookies - GF	150g	1.59	FGOSV
BT269	Lemon Zest Cookies - GF	150g	1.59	FGOSV
<i>KALLO</i>				
<i>Rice Cakes</i>				
BT031	Fairtrade Rice Cake No Salt OG	130g	1.49	FGOV
<i>TRADICRAFT</i>				
BT989	Brazilnut Cookies	2 pack	0.59	FS
BT987	Choc Chip Cookie Twinpack	2 pack	0.79	FS
BT547	Double Chocolate Chip Cookies	200g	1.69	FS
BT236	Double Chocolate Chunk Cookies	44g	0.59	FS
BT239	Fruit, Chocolate & Nut Cookies	44g	0.59	FS
BT481	Stem Ginger Cookies	200g	1.55	FS
BT237	Stem Ginger Cookies	44g	0.59	FS
BT988	Stem Ginger Cookies 2 Pack	2 pack	0.75	FS

BODYCARE				
<i>BOCOTON</i>				
DY689	Cotton Balls	pack	1.95	FOV
DY690	Cotton Buds	pack	2.05	FOV
DY687	Cotton Safety Buds	pack	1.65	FOV
DY691	Pre-Cut Cottonwool	100g	2.35	FOV
DY688	Round Cosmetic Cotton Pads	pack	1.49	FOV
DY692	Square Cottonwool Pads	pack	1.89	FOV
<i>ESSENTIAL CARE</i>				
DY435	2 in 1 Purifying Mint Mask	50g	20.00	FOSV
<i>URTEKRAM</i>				
<i>Brown Sugar</i>				
DY029	Brown Sugar Body Scrub	380g	11.65	FGOV
DY027	Brown Sugar Liquid Hand Soap	480ml	5.85	FGOV
DY024	Brown Sugar Shampoo	250ml	3.99	FGOV

Code	Description	Size	RRP	BGOSV
DY020	Brown Sugar Shower Gel	500ml	5.95	FGOV

CAKES				
<i>WISH4 FAIRTRADE</i>				
BT296	Chocolate Muffins	90g	0.99	FS
BT297	Millionaire's Shortbread	75g	1.19	FS
BT301	Rich Fruit Cake	70g	0.99	FS

CHOCOLATE				
<i>CHOCOLATE COMPANY</i>				
KB489	Hot Choc Spoon - Brownie	1	2.75	FGS
KB491	Hot Choc Spoon - Dark 72%	1	2.75	GSF
KB492	Hot Choc Spoon - Dark Espresso	1	2.75	FGS
KB497	Hot Choc Spoon - 'Double'	1	2.75	FGS
KB511	Hot Choc Spoon - Latte	1	2.75	FGS
KB494	Hot Choc Spoon - Milk 50%	1	2.75	FGS
KB496	Hot Choc Spoon - Milk Tiramisu	1	2.75	FGS
KB495	Hot Choc Spoon-Cookies/Coconut	1	2.75	FGS
KB498	Hot Choc Spoon-White 'Ivoire'	1	2.75	FGS

<i>Choc Bars</i>				
KB646	Dark 72% Cocoa	90g	3.75	FG
KB642	Dark Choc w/Hot Chilli&Orange	90g	3.75	FG
KB644	Milk Cappuccino & Orange	90g	3.75	FG
KB641	Milk Caramel Bourbon Vanilla	90g	3.75	FG
KB643	White w/Strawberry&Pink Pepper	90g	3.75	FG

<i>DIVINE</i>				
KB534	Dark Choc with Raspberries	100g	1.99	FGSV
ZX498	Darkly Divine	100g	1.79	FGS
ZX286	Darkly Divine	45g	0.85	FGS
ZX001	Divine 70% Dark Mint Chocolate	100g	1.69	FGV
ZX285	Divine Coffee Milk Chocolate	100g	1.69	FGS
ZX094	Divine Fruit & Nut Dark Choc	100g	1.69	FG
ZX505	Divine Milk Choc and Hazelnuts	100g	1.69	FGS
ZX488	Divine Milk Chocolate	100g	1.69	FGS
ZX499	Divine Milk Chocolate	45g	0.85	FGS
ZX284	Divine Orange Milk Chocolate	100g	1.69	FGS
ZX528	Divine White Chocolate	100g	1.69	FGS
ZX287	Divine White Chocolate	45g	0.85	FGS
ZX497	Dubble Bar	40g	0.69	FGS
KB533	Milk Chocolate / Butterscotch	45g	0.95	FGS
ZX422	Orange Milk Chocolate	45g	0.85	FGS
KB364	White Chocolate and Strawberry	100g	1.85	FGS

<i>Easter Range</i>				
KB579	Dark Chocolate Easter Egg	55g	3.55	FGS
KB572	Dark Easter Egg & Brazil Nuts	180g	6.19	FGSV
KB578	Dark Mini Eggs	200g	4.15	FGSV
KB576	Dubble Egg with Dubble Bar	140g	4.29	FGS
KB573	Dubble Speckled Eggs	95g	1.89	FGS
KB571	Milk Choc Egg & Milk Mini Eggs	150g	6.15	FGS
KB581	Milk Chocolate Easter Egg	55g	3.55	FGS
KB577	Milk Mini Eggs	200g	4.15	FGS
KB582	White Chocolate Easter Egg	55g	3.55	FGS

<i>GREEN & BLACKS</i>				
<i>100g Bars</i>				
ZX251	Maya Gold Chocolate - organic	100g	2.09	FGOS
<i>Easter Range</i>				
KB394	Organic Maya Gold Dark Egg	180g	5.99	FGOS
<i>Minibars</i>				
KB197	Maya Gold Chocolate - organic	35g	0.81	FGOS

<i>ORGANIC SEED & BEAN COMPANY</i>				
KB536	72% Dark Chocolate and Chilli	100g	1.79	FGOSV
KB535	Dark Chocolate Bars Gift Box	180g	5.49	FGOSV
KB621	Dark Fairtrade Chocolate Bar	60g	1.79	FGOSV
KB622	Lavender Fairtrade Chocolate	60g	1.79	FGOSV
KB211	Mandarin & Ginger FT Chocolate	60g	1.79	FGOSV
KB200	Mint Fairtrade Chocolate	60g	1.79	FGOSV

B - biodynamic F - fairtrade G - gluten free O - organic V - vegan

Code	Description	Size	RRP	BGOSV
KB210	Rose Fairtrade Chocolate <i>ORGANICA</i>	60g	1.79	FGOSV
KB354	Belgian Dark Chocolate	75g	1.99	FGOSV
KB456	Cranberry Dark Chocolate	100g	2.25	FGOSV
KB361	Dark Choc with Mint Crisps	100g	2.15	FGOV
KB038	Food of the Gods Dark Choc	100g	2.45	FGOSV
KB353	Hazelnut Dark Chocolate	100g	2.45	FGOSV
KB359	Non Dairy Milk Chocolate	100g	2.45	FGOSV
KB349	Raisin & Almond Non Dairy Choc	100g	2.45	FGOSV
KB039	Spirit of Marrakesh Dark Choc	100g	2.15	FGOSV
KB040	Spirit of Tangiers Dark Choc	100g	2.15	FGOSV
KB277	Vegan Diets White Chocolate <i>PLAMIL</i>	100g	2.45	FGOV
<i>Organic Large Bars</i>				
KB139	Fairtrade Organic Alternative <i>PLUSH CHOCOLATES</i>	100g	2.09	FGOSV
<i>Easter Range</i>				
KB639	Easter Bunny w/Choc Buttons	25g	4.99	FGOS
KB613	Easter Chick	50g	8.99	FGOS
KB615	Easter Egg with Praline Eggs	80g	9.99	FS
KB614	F/T Belgian Praline Eggs	100g	3.99	FS
<i>TRADCRAFT</i>				
KB433	F/T Dark Chocolate/Peppermint	100g	2.95	FGOS
KB434	Fair Trade Og Dark Choc Orange	100g	2.95	FGOS
KB435	Fair Trade Og Dark Chocolate	100g	2.95	FGOS
KB431	Fair Trade Og Milk Choc Coffee	100g	2.95	FGOS
KB420	Fair Trade Og Milk Chocolate	100g	2.95	FGOS
ZX134	FairBreak Bar	22g	0.29	FS

CHOCOLATE & TOFFEE SPREADS

CHOCOLATE COMPANY

GH112	Choc Spread - Dark 72% Cocoa	300g	5.99	FG
GH111	Choc Spread 40% Milk	300g	5.99	FGS
<i>Hot Choc Dips</i>				
GH115	Dark 72%	250g	8.09	FG
GH116	Dark Hot Chilli & Orange	250g	8.09	FG
GH113	Milk 40%	250g	8.09	FG

ESSENTIAL TRADING

GH092	Dark Chocolate Spread	400g	3.19	FOSV
GH089	Duo Swirl Chocolate Spread	400g	3.19	FOS

COCOA

SUMA PREPACKS - FAIRLY TRADED

LJ189	Cocoa Powder - organic, FT <i>CAFEDIRECT</i>	250g	2.69	FGOV
TE857	Drinking Chocolate <i>CLIPPER</i>	250g	3.20	FGVS
TE664	Fairtrade OG Drinking Choco	250g	2.69	FGOSV
TE851	Hot Chocolate, Instant - og	28g	0.70	FGOS
TE840	Instant OG Double Chocolate	400g	3.59	FGO
<i>FOOD SERVICE RANGE</i>				
TE461	Hot Chocolate, instant - og	28g	0.70	FGOS
TE525	Instant Organic Hot Chocolate	1Kg	8.99	FGOS
<i>DIVINE</i>				
TE687	Drinking Chocolate	500g	4.19	FGVS
<i>EQUAL EXCHANGE</i>				
TE491	Cocoa Fairtrade - organic	250g	3.29	FGOV
<i>GREEN & BLACKS</i>				
TE453	Cocoa Powder - organic	125g	1.69	FGOV

COFFEE

SUMA

TE198	Coffee - Dark Roasted	227g	2.89	GOVF
TE200	Coffee - Espresso	227g	2.89	FGOV

Code	Description	Size	RRP	BGOSV
TE201	Coffee - Medium Roast	227g	2.89	FGOV
TE400	Suma Decaff Ground Coffee	227g	3.59	FGOV
TE373	Suma FT Columbia Coffee Beans	227g	2.79	FGOV
TE375	Suma FT Ethiopia Coffee Beans	227g	2.79	FGOV
TE372	Suma FT Ground Columbia Coffee	227g	2.79	FGOV
TE374	Suma FT Ground Ethiopia Coffee	227g	2.79	FGOV
TE384	Suma FT Ground Honduran Coffee	227g	2.79	FGOV
TE399	Suma FT Ground Sumatra Coffee	227g	2.79	FGOV
TE401	Suma FT Peru Coffee Beans	227g	2.79	FGOV
TE397	Suma FT Peru Ground Coffee	227g	2.79	FGOV

CAFEDIRECT

TE340	Classic - decaff instant og	500g	25.99	FGOV
TE329	Classic - Instant Freeze Dried	100g	4.45	FGV
TE203	Classic - Instant Freeze Dried	200g	8.74	FGV
TE949	Decaffeinated Instant Coffee	100g	5.15	FGOV
TE493	Decaffeinated Roast & Ground	227g	4.30	FGV
TE492	Espresso Roast & Ground	227g	3.54	FGV
TE395	Instant - catering pack	500g	22.46	FGV
TE951	Kilimanjaro Mountain Special	227g	4.41	FGV
TE901	Machu Picchu Coffee Beans - og	227g	4.61	FGOV
TE952	Machu Picchu Mountain Special	227g	4.41	FGOV
TE176	Medium Ground	227g	3.89	FGV
TE950	Medium Roast & Ground Organic	227g	3.59	FGOV
TE065	Palenque - Medium Roast Ground	227g	4.41	FGOV
TE666	Rich Ground	227g	3.54	FGV

CLIPPER

TE845	Decaffeinated Ground Coffee	227g	3.89	FGOV
TE421	Espresso ground - organic	227g	3.29	FGOV
TE422	Instant - granules	100g	3.29	FGOV
TE739	Instant - organic	100g	3.79	FGOV
TE879	Instant - organic decaff	100g	3.99	FGOV
TE076	Papua New Guinea Inst Coffee	100g	3.99	FGOV

FOOD SERVICE RANGE

TE724	Instant - fairtrade & organic	500g	17.99	FGOV
TE526	Instant Organic Decaff	500g	22.00	FGOV

EQUAL EXCHANGE

TE489	Colombian med.roast ground cof	227g	3.99	FGOV
TE651	Columbian Whole Coffee Beans	500g	8.34	FGOV
TE881	Dark Roast - organic	227g	3.29	FGOV
TE889	Dark Roast Beans - organic	500g	6.54	FGOV
TE882	Decaffeinated - organic	227g	4.20	FGOV
TE890	Decaffeinated Beans - organic	500g	8.20	FGOV
TE888	Espresso - organic	227g	3.29	FGOV
TE779	Espresso beans	1Kg	9.70	FGOV
TE180	Espresso Whole Coffee Beans	500g	6.54	FGOV
TE654	Ethiopian Yirgacheffe R&G	227g	3.69	FGOV
TE880	Medium Roast - organic	227g	3.29	FGOV
TE652	Medium roast Beans - og	1Kg	9.70	FGOV
TE986	Medium Roast Beans - organic	500g	6.54	FGOV
TE778	Sumatran roast & ground coffee	227g	3.69	FGOV
TE647	Ugandan Roast & Ground Coffee	227g	3.69	FGOV

Modern Blends

TE961	Italian - beans	500g	6.59	FGOV
TE108	Italian Blend	227g	3.29	FGOV
TE341	Mocca Blend	227g	3.29	FGOV
TE342	Mountain Blend	227g	3.70	FGOV

GRUMPY MULE

TE286	Cafe Equidad - Colombia	227g	3.35	FGOV
TE323	Peru Coffee in Caddy	250g	4.29	FGOV
TE285	Sumatra Gaya Highlands	227g	3.35	FGOV

PERCOL

TE167	African Ethiopian Ground	227g	3.59	FGOV
TE054	Americano Arabica Instant	100g	4.09	FGV
TE912	Americano Fairtrade - og	227g	3.45	FGOV
TE700	Colombia Coffee - fairtrade	227g	3.45	FGV
TE918	Colombia Decaff - fairtrade	227g	3.85	FGV

Code	Description	Size	RRP	BGOSV
TE693	Espresso Arabica Beans	500g	7.39	FGV
TE659	Fair Trade Original Coffee	100g	3.06	FGV
TE005	Fairtrade Columbian	100g	4.09	FGV
TE679	Fairtrade Columbian - decaff	100g	4.09	FGV
TE701	Fairtrade Latin America - og	227g	3.45	FGOV
TE706	Guatemala	227g	3.45	FGV
TE310	Honduras La Tigra Rainforest	227g	3.45	FGV
TE703	Italiano Fairtrade - og	227g	3.45	FGOV
TE702	Nicaragua - fairtrade	227g	3.45	FGV
TRAIDCRAFT				
TE673	Instant Coffee	100g	2.25	FGV
TE326	Instant Coffee - Org & FT	100g	3.59	FGOV
TE325	Instant Coffee - Org & FT	500g	16.95	FGOV
TE692	Instant Coffee Tub	500g	10.29	FGV
TE777	Medium Roast	1kg	13.26	FGV
TE775	Medium Roast	227g	3.09	FGV
TE773	Medium Roast - Decaffeinated	227g	4.59	FGOV
UNION HAND ROASTED				
TE117	Colombian Ground Coffee	227g	3.85	FGV
TE115	Decaffeinated Ground Coffee	227g	4.85	FGV
TE116	Mexico Chiapas Ground Coffee	227g	3.85	FGOV
TE764	Natural Spirit Ground Coffee	227g	3.85	FGOV
TE763	Rwanda Ground Coffee	227g	3.55	FGV

FLAKES, BRANS & WHEATGERM

QUINOA REAL

FX505	Quinoa Flakes - OG	500g	5.29	FGOV
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FLOURS & BREAD MIXES

KITCHEN GARDEN

FG038	Soya Flour - organic	250g	1.05	FGOV
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FRUIT - DRIED

SUMA PREPACKS - ORGANIC

DR720	Dates - pitted fairtrade og	250g	1.99	FGOV
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TRAIDCRAFT

DR176	Dried Apple & Mango Snack	40g	0.85	FGV
DR179	Dried Blueberry Snack Pack	40g	2.25	FGV
DR177	Dried Peach & Pear Snack Pack	40g	0.85	FGV

TROPICAL WHOLEFOODS

DR130	Apricot Kernels Chilli Roast	50g	1.05	FGOV
DR147	Apricot Kernels Tamari Roast	50g	1.05	FV
DR623	Dried Pineapple	100g	1.59	FGV
DR134	Fairtrade Apricots	125g	1.35	FGV
DR200	Fairtrade Organic Mango	100g	1.99	FGOV
DR698	Fairtrade Organic Mango	40g	0.99	FGOV
DR333	Mountain Apricots Kernels	50g	1.05	FGV

ZAYTOUN

DR164	Palestinian Medjool Dates	250g	3.95	FGV
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FRUIT AND VEGETABLE JUICES

AJ'S

JU168	Apple Juice - Fairtrade	400ml	1.19	FGV
JU372	Orange Juice - Fairtrade	400ml	1.19	FGV

FAIRTRADE FRUIT PASSION

JU173	Orange Juice	1l	1.89	FGV
JU359	Orange Juice	200ml	0.55	FGV

FRUIT HIT

JU495	Apple Juice	500ml	1.09	FGV
JU496	Apple, Orange & Mango Juice	500ml	1.09	FGV
JU497	Orange Juice	500ml	1.09	FGV
JU498	Tropical Juice	500ml	1.09	FGV

Code	Description	Size	RRP	BGOSV
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GRAINS

SUMA PREPACKS - ORGANIC

QS189	Quinoa - organic	500g	2.89	FGOV
QS120	Red Quinoa -org, fairly traded	500g	3.05	FGOV
QS404	Rice - basmati, brown OG FT	500g	2.05	FGOV
QS320	Rice - basmati, white OG FT	500g	2.35	FGOV

TRAIDCRAFT

QS891	Brown Basmati Rice	1Kg	4.85	FGV
QS890	White Basmati Rice	1Kg	4.85	FGV

ZAYTOUN

QS014	Palestinian Couscous	250g	2.09	FV
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HERB & FRUIT INFUSIONS

CLIPPER

FOOD SERVICE RANGE

TE148	Chamomile - og	20 bags	2.39	FGOV
TE166	Peppermint - og	25 bags	2.39	FGOV

DRAGONFLY TEAS

TE068	Fairtrade Rooibos - og	40 bags	1.99	FGOV
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EQUAL EXCHANGE

TE674	Rooibos - organic	100 bags	3.45	FGOV
TE675	Rooibos - organic	100g	1.67	FGOV
TE562	Rooibos - organic	40 bags	1.99	FGOV
TE013	Rooibos masala	25 bags	1.99	FGOV
TE676	Rooibos Wild - organic	25 bags	1.99	FGOV
TE010	Rooibos-Honeybush & Buchu	25 bags	1.99	FGOV

HAMPSTEAD TEA

TE460	Chamomile - og	20 bags	1.89	BFGOV
TE456	Fennel Liquorice Tea - og	20 bags	1.89	BFGOV
TE444	Lemon Ginger Tea - og	20 bags	1.89	FGOV
TE449	Lemon Valerian Tea - og	20 bags	1.89	BFGOV
TE439	Peppermint Tea - og	20 bags	1.89	BFGOV
TE468	Rosehip Hibiscus Tea - og	20 bags	1.89	BFGOV

NUMI

TE233	Simply Mint	18 bags	3.79	FGOV
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PUKKA

TE359	Green Tea - og	20 bags	1.99	FGOV
TE360	Lemon Green - og	20 bags	1.99	FGOV
TE352	Mint green - og	20 bags	1.99	FGOV

HERBS & SPICES - PREPACKED

SUMA ORGANIC

HE166	Cinnamon Ground FT OG	25g	0.99	FGOV
HE162	Ground Black Pepper OG	25g	0.99	FGOV
HE169	Ground Ginger OG	25g	0.99	FGOV
HE170	Ground Turmeric OG	25g	0.99	FGOV
HE144	White Peppercorns - OG & FT	25g	0.99	FGOV
HE163	Whole Black Peppercorns OG, FT	25g	0.99	FGOV
HE167	Whole Cloves - Organic & FT	25g	0.99	FGOV

KITCHEN GARDEN

HE115	Pickled Green Peppercorns	135g	1.99	FGOV
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HONEY

EQUAL EXCHANGE

HY003	Chilean Ulmo Blossom	500g	4.50	FG
HY002	Orange Blossom Clear	500g	4.50	FG
HY005	Organic clear	500g	4.50	FGO
HY004	Organic set	500g	4.50	FGO

TRAIDCRAFT

HY254	Sweet Justice - Set	340g	2.85	FG
HY255	Wild Blossom - Clear	340g	2.85	FG

TROPICAL FOREST

HY032	Forest Honey - clear, organic	340g	3.19	FGO
HY033	Forest Honey - set, organic	340g	3.19	FGO

Code	Description	Size	RRP	BGOSV
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HOUSEHOLD CLEANING PRODUCTS

MINKY

HJ555	Cotton Cleaning Cloths F/T	pack	1.49	F
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HOUSEHOLD PRODUCTS

GREEN TIPS

NF342	Household Gloves - Large	1 pair	1.29	FV
NF341	Household Gloves - Medium	1 pair	1.29	FV
NF339	Household Gloves - Small	1 pair	1.29	FV

HIMALAYA/MAROMA

NF284	Tea Set - Bamboo	each	21.45	F
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SARAH SMITH

NF383	Fairtrade Cotton Tea Towels	1	4.09	FV
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TRADCRAFT

NF181	Fair Trade Rubber Gloves	1 pairs	1.09	F
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INCENSE

COLIBRI

Anti Insect

NF194	Light bulb Ring	each	2.35	FV
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Anti-Insect

NF274	Anti Insect Oil Blend	10ml	5.35	FV
NF022	Body Spray - Classic Yellow	100ml	5.59	FV
NF191	Body Spray - Lavender	100ml	5.49	FV
NF190	Claypot Candle	1	3.15	FV
NF272	Incense Sticks Long (Outdoor)	3 sticks	4.49	FV
NF271	Incense Sticks-Classic Yellow	10 sticks	1.75	FV

Wool Protectors

NF188	Cedarwood Hanging Sachet	each	2.69	FV
NF187	Cedarwood Mini Sachets	6 sachet	3.95	FV
NF186	Cedarwood Square Sachet	3 pack	3.59	FV
NF278	Classic Yellow Hanging Sachet	each	2.69	FV
NF041	Classic Yellow Mini Sachets	6 sachet	3.95	FV
NF275	Classic Yellow Square Sachet	3 pack	3.59	FV
NF049	Lavender Hanging Sachet	each	2.69	FV
NF052	Lavender Mini Sachet Strip	6 sachet	3.95	FV
NF043	Lavender Square Sachet	3 pack	3.59	FV

HIMALAYA/MAROMA

Encens D'Auroville

NF511	Incense Sticks - Amber	10 sticks	1.55	F
NF007	Incense Sticks - Cedarwood	10 sticks	1.55	F
NF395	Incense Sticks - Cinnamon	10 sticks	1.55	F
NF396	Incense Sticks - Frangipani	10 sticks	1.55	F
NF009	Incense Sticks - Frankincense	10 sticks	1.55	F
NF505	Incense Sticks - Geranium	10 sticks	1.55	F
NF398	Incense Sticks - Into Night	10 sticks	1.55	F
NF010	Incense Sticks - Jasmine	10 sticks	1.55	F
NF011	Incense Sticks - Lavender	10 sticks	1.55	F
NF012	Incense Sticks - Lemongrass	10 sticks	1.55	F
NF397	Incense Sticks - Lily	10 sticks	1.55	F
NF510	Incense Sticks - Lotus	10 sticks	1.55	F
NF013	Incense Sticks - Musk	10 sticks	1.55	F
NF014	Incense Sticks - Myrrh	10 sticks	1.55	F
NF512	Incense Sticks - Opium	10 sticks	1.55	F
NF015	Incense Sticks - Orange Bloss.	10 sticks	1.55	F
NF016	Incense Sticks - Patchouli	10 sticks	1.55	F
NF514	Incense Sticks - Rose	10 sticks	1.55	F
NF515	Incense Sticks - Rosewood	10 sticks	1.55	F
NF017	Incense Sticks - Sandalwood	10 sticks	1.55	F
NF006	Incense Sticks - Vanilla	10 sticks	1.55	F
NF518	Incense Sticks - Ylang Ylang	10 sticks	1.55	F

Gift Sets

NF263	Gold, Frankincense, Myrrh	1	7.95	F
NF267	Rainforest	each	7.95	F
NF268	Yoga Balance	each	7.95	F

Code	Description	Size	RRP	BGOSV
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NF269	Yoga Contemplation	each	7.95	F
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Incense Stick Holders

NF162	Cracked Water - Oval	each	5.49	F
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Resins and Charcoal

NF498	Charcoal Briquettes	pack	1.15	F
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NF362	Frankincense Granules	100g	2.69	F
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INDIAN FOOD

GEO ORGANICS

KJ573	Mango Chutney OG Fairtrade	300g	2.59	FOSV
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JAMS & FRUIT SPREADS

TRADCRAFT

GH165	Organic Orange Marmalade	340g	1.99	FGOV
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GH166	Organic Strawberry Jam	340g	2.49	FGOV
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MEAT FREE ALTERNATIVES (FROZEN)

GOODLIFE

XL102	Nut Cutlets - Fairtrade	320g	2.31	FV
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MUESLIS & BREAKFAST CEREALS

ALARA

Sustainable Range

MX236	Active Muesli - organic	400g	3.59	FGOV
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Traditional Range

MX233	Fair Trade Muesli	500g	2.09	F
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TRADCRAFT

MX881	Apricot & Cranberry Muesli	500g	2.19	F
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MX104	FT Exotic Fruit GeoMuesli	750g	4.49	FS
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MX108	FT Fruit & Nut GeoMuesli	750g	4.06	FV
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MX109	FT Mixed Berry GeoMuesli	600g	4.49	FS
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MX880	Tropical Muesli	500g	3.99	F
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NUTS & SEEDS

SUMA PREPACKS - ORGANIC

NU297	Brazils Fairtrade - organic	125g	1.45	FGOV
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NU298	Brazils Fairtrade - organic	250g	2.55	FGOV
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NU023	Cashews Fairtrade - organic	125g	2.19	FGOV
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NU034	Cashews Fairtrade - organic	250g	4.15	FGOV
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TRADCRAFT

ZX529	Salted Peanuts	150g	1.25	FGV
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ZAYTOUN

NU108	Palestinian Almonds	150g	3.99	FGV
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OILS & FATS

EQUAL EXCHANGE

Palestinian Fairtrade Oils

GT555	Olive Oil	1l	14.49	FGV
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GT702	Olive Oil	5l	60.00	FGV
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GT024	Organic Olive Oil	500ml	10.49	FGOV
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GT025	Organic Olive Oil Nabali	375ml	9.49	FGOV
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GT026	Organic Olive Oil Rumi	375ml	9.49	FGOV
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ZAYTOUN

GT056	Olive Oil - Fair Trade	500ml	9.09	FGV
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GT021	Olive Oil - Fair Trade	500ml	9.69	FGV
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GT020	Olive Oil - Organic Fairtrade	250ml	5.59	FGOV
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GT023	Olive Oil - Organic Fairtrade	5l	60.19	FGOV
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GT022	Olive Oil - Organic Fairtrade	750ml	13.49	FGOV
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OLIVES

ZAYTOUN

KJ286	OG Tree Ripened Black Olives	300g	5.39	FGOV
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KJ285	Organic Nabali Green Olives	200g	3.05	FGOV
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Code	Description	Size	RRP	BGOSV
PASTA				
TRAIDCRAFT				
WT605	Fusilli - Organic	500g	2.85	FOV
WT606	Penne - organic	500g	2.85	FOV

PASTA SAUCES & PESTOS				
KITCHEN GARDEN				
VF158	Chilli Paste - organic	135g	1.99	FGOV
VF159	Coriander Paste - organic	135g	1.99	FGOV
VF840	Pasta Sauce	250ml	1.38	FOV

PEANUT, SEED & NUT BUTTERS				
EQUAL EXCHANGE				
GH501	Cashew Butter Organic	170g	3.18	FGOV
GH811	Light Tahini organic	270g	2.85	FGOV
GH810	Natural (Dark) Tahini organic	270g	2.85	FGOV
GH706	Peanut Butter - Crunchy + salt	280g	2.74	FGOV
GH703	Peanut Butter - Smooth + salt	280g	2.74	FGOV
GH705	Peanut Butter - Smooth no salt	280g	2.74	FGOV
GH095	Peanut Butter Crunchy - salted	280g	2.39	FGV
GH093	Peanut Butter Crunchy no salt	280g	2.39	FGV
GH704	Peanut Butter -Crunchy no salt	280g	2.74	FGOV
GH094	Peanut Butter Smooth no salt	280g	2.39	FGV
GH096	Smooth Peanut Butter Salted	280g	2.39	FGV

KITCHEN GARDEN				
GH099	Soynut Butter	135g	1.29	FGOV

SHERRY, PORT & DESSERT WINE				
South Africa				
RS111	Heaven on Earth Muscat	37.5cl	19.42	FO

SNACK BARS & FLAPJACKS				
DOVES FARM				
KB231	Apple & Sultana Flapjack	16 x 40g	0.55	FOSV
KB225	Apple/Sultana Flapjack	5 x 40g	1.75	FOSV
KB222	Fruity Oat Bar Display Box	16 x 40g	0.55	FOSV
KB221	Low Fat Fruity Oat Cereal Bar	5 pack	2.25	FOSV
KB245	Original Butt Flapjack-Display	16 x 40g	0.49	FOS
KB227	Original Butter Flapjack	5 x 40g	1.75	FOS
KB223	Rich Choc & Crispy Rice Bars	5 pack	1.89	FOSV
KB224	Rich Choc &Crispy Rice Display	16 x 40g	0.45	FOSV
KB252	Tropical Bar	5 x 40g	2.69	FOSV
KB255	Tropical Bar - Displayer	16 x 40g	0.69	FOSV

TRAIDCRAFT				
ZX574	Chocolate Vanilla Cream	45g	1.05	FGO
KB440	Geobar - Chocolate & Raisin	32g	0.49	FS
KB438	Geobar - Honey & Nut	32g	0.49	FS
KB514	Geobar - Mixed Berry Cereal	6 x 32g	0.49	FS
KB436	Geobar - Raisin & Apricot	32g	0.49	FS
KB512	Geobar - Raisin & Apricot	6 x 32g	0.49	FS
KB513	Geobar - Raisin & Chocolate	6 x 32g	0.49	FS
KB517	Geobar - Raisin & Honey Nut	6 x 32g	0.49	FS
KB437	Geobars - Mixed Berry & Raisin	32g	0.49	FS

TROPICAL WHOLEFOODS				
KB765	Apricot & Kernel Bars	40g	0.65	OF
KB961	Banana & Honey Bars	40g	0.65	OF
KB575	OG Date & Walnut Bar	40g	0.69	FO
KB574	Og Mango & Brazil Bar	40g	0.69	FO
KB962	Pineapple & Cashew Bar	40g	0.69	FO
KB888	Tropical Fruit Bar	45g	0.75	FGOSV

SOFT DRINKS				
FRUIT HIT				
JU321	Apple & Blackcurrant Smoothie	330ml	1.49	FGV
JU319	Mango & Orange Smoothie	330ml	1.49	FGV
JU320	Pineapple/Passionfrt Smoothie	330ml	1.49	FGV

B - biodynamic F - fairtrade G - gluten free O - organic V - vegan

Code	Description	Size	RRP	BGOSV
HAMPSTEAD TEA				
JU462	Chai Orange Iced Tea	500ml	1.69	FGOV
JU463	Darjeeling Cherry Iced Tea	500ml	1.69	FGOV
JU461	Oolong Elderflower Iced Tea	500ml	1.69	FGOV

HERBERT'S				
JU077	Iced Coffee - Latte	270ml	1.39	FS
JU035	Iced Coffee - Mocha	270ml	1.39	FS

UBUNTU				
JU506	Ubuntu Cola	500ml	0.95	FGS

SPIRITS & LIQUEURS				
RS110	Fair.Vodka	70cl	37.58	F
RS005	Papagayo Golden Rum - og	70cl	20.24	FGOV

SUGARS & SYRUPS				
SUMA PREPACKS				
LJ090	Golden Granulated Sugar	500g	1.45	FV
CRAZY JACK				
HY521	Golden Syrup - organic	340g	1.89	FGOV
EQUAL EXCHANGE				
LJ500	Raw Cane Sugar - organic	500g	1.85	FGOSV
RAYNERS				
LJ587	Fairtrade Organic Golden Syrup	340g	2.29	FGVO
LJ704	Golden Syrup - Organic	5kg	24.14	FGOV

TRAIDCRAFT				
LJ515	Brown Sugar Sticks	3g	6.20	FGV
LJ633	Raw Cane Sugar - organic	500g	1.69	FGOSV
LJ880	Sugar - Dark Muscovado	500g	1.09	FGSV
LJ990	Sugar - Demerara	500g	1.09	FGSV
LJ889	Sugar - Golden Caster	500g	1.09	FGSV
LJ132	Sugar - Raw Cane	500g	1.07	FGSV
LJ514	White Sugar Sticks	3g	5.69	FGV

SWEET SNACKS				
DIVINE DELIGHTS				
ZX672	Apricots in Chocolate	125g	4.09	FGSV
ZX673	Brazil Nuts in Chocolate	150g	4.09	FGSV
ZX671	Mango in Chocolate	100g	4.09	FGVS

WISH4 FAIRTRADE				
ZX416	Assorted Toffees and Fudge	400g	4.65	FS
ZX414	Blackcurrant & Liqueurice	170g	1.95	FS
ZX413	Calypto Fruit Mix	170g	1.95	FGS
ZX415	Crumbly Mint Balls	170g	1.95	FGS
ZX411	Toffee Assortment	170g	1.95	FS
ZX412	Vanilla Fudge	170g	1.95	FS

TABLE SAUCES				
KITCHEN GARDEN				
KJ350	Horseradish	135g	1.99	FGOV
KJ345	Mint Sauce	135g	1.45	FGOSV

TEAS				
CLIPPER				
Classic				
TE983	Assam - organic	50 bags	2.39	FGOV
TE982	Assam - organic	125g	2.39	FGOV
TE500	Earl Grey - organic	50 bags	2.39	FGOV
TE978	Earl grey - organic	125g	2.39	FGOV
TE897	English Breakfast Organic	125g	2.39	FGOV
TE300	English Breakfast Organic	40 bags	2.39	FGOV
TE967	Indian Chai organic	20 bags	1.79	FGOV

Classics				
TE416	Assam with Vanilla - organic	50 bags	2.89	FGOV
FOOD SERVICE RANGE				
TE150	Earl Grey - og	25 bags	2.39	FGOV

Code	Description	Size	RRP	BGOSV
TE447	Fairtrade Blend	100 bags	4.79	FGV
TE154	Fairtrade Blend	25 bags	2.39	FGV
TE726	Fairtrade One Cup Teabags	440 bags	13.89	FGV
TE161	Green Tea - og	25 bags	2.39	FGOV
<i>Green Tea</i>				
TE016	Pure Green Tea	50 bags	2.11	FGV
TE007	Pure Green Tea	80 bags	2.79	FGV
<i>Originals</i>				
TE510	Fairtrade 160 Teabags	160 bags	4.65	FGV
TE800	Fairtrade 80 Teabags	80 bags	2.45	FGV
TE541	Fairtrade Blend	40 bags	1.49	FGV
TE534	Fairtrade Loose Tea	250g	3.15	FGV
<i>EQUAL EXCHANGE</i>				
TE668	Assam - organic	50 bags	2.49	FGOV
TE780	Assam Loose Organic	125g	2.49	FGOV
TE667	Breakfast - organic	50 bags	2.49	FGOV
TE781	Breakfast Tea Loose Organic	125g	2.49	FGOV
TE670	Darjeeling - organic	50 bags	2.49	FGOV
TE671	Darjeeling Green - og	25 bags	1.49	FGOV
TE782	Darjeeling tea loose Organic	125g	2.39	FGOV
TE412	Earl Green Tea - organic	25 bags	1.79	FGOV
TE783	Earl Grey - og	125g	2.49	FGOV
TE669	Earl Grey - organic	50 bags	2.49	FGOV
TE653	Fairtrade - organic	160 bags	4.89	FGOV
TE695	Fairtrade - organic	250g	2.09	FGOV
TE678	Fairtrade - Organic	80 bags	2.59	FGOV
TE785	Jasmine Green Teabags Organic	25 bags	1.79	FGOV
TE182	Lemon Green Tea - organic	25 bags	1.79	FGOV
TE856	Masala Chai Tea - organic	25 bags	1.79	FGOV
<i>HAMPSTEAD TEA</i>				
<i>Biodynamic & Fairtrade Teas</i>				
TE239	Biochai - og	25 bags	1.89	BFGOV
TE247	Biochai Leaf Tea - og	125g	2.59	BFGOV
TE248	Darjeeling - og	25 bags	1.89	BFGOV
TE249	Darjeeling Leaf Tea - og	125g	2.59	BFGOV
TE253	Earl Grey - og	25 bags	1.89	BFGOV
TE251	Earl Grey Leaf Tea - og	125g	2.59	BFGOV
TE398	English Breakfast - og	25 bags	1.89	BFGOV
TE677	English Breakfast Leaf Tea -og	125g	2.59	BFGOV
TE392	First Flush tea - og	125g	2.99	BFGOV
TE332	Ginger Green tea - og	25 bags	1.89	BFGOV
TE059	Green Jasmine - og	25 bags	1.89	BFGOV
TE255	Green Leaf Tea - og	125g	2.59	BFGOV
TE254	Green Tea	25 bags	1.89	BFGOV
TE356	Mint Green Tea - og	25 bags	1.89	BFGOV
TE365	Oolong Leaf Tea - og	50g	1.89	BFGOV
<i>MAKE US A BREW!</i>				
TE335	English Breakfast	50 bags	2.29	FOV
<i>NUM!</i>				
TE228	Aged Earl Grey	18 bags	4.45	FGOV
TE231	Temple of Heaven	18 bags	4.45	FGOV
<i>Q!</i>				
<i>Golden Tea Range</i>				
TE222	Golden Black	25 bags	1.35	FGOV
TE216	Golden Chai	25 bags	1.49	FGOV
TE217	Golden Earl Grey	25 bags	1.49	FGOV
TE225	Golden Vanilla	25 bags	1.49	FGOV
<i>Organic Fair Trade Range</i>				
TE083	China Green Tea + Lemon - OG	25 bags	1.60	FGOV
TE084	China Green Tea + mint - OG	25 bags	1.60	FGOV
TE583	Detox Tea - OG	25 bags	1.99	FGOV
TE485	Green Tea - organic	25 bags	1.55	FGOV
TE585	Green Tea + Gingko biloba -OG	25 bags	1.99	FGOV
TE586	Green Tea + Ginseng, OG	25 bags	1.99	FGOV
TE582	Green Tea with Ginger - OG	25 bags	1.99	FGOV
TE584	Gunpowder Pearl - og	100g	2.09	FGOV

Code	Description	Size	RRP	BGOSV
TE760	Jasmine Tea - og	100g	2.09	FGOV
TE112	Jasmine Tea - og	25 bags	1.60	FGOV
TE331	White & Blackcurrant Tea	25 bags	1.79	FGOV
TE003	White & Fruity	25 bags	1.79	FGOV
TE611	White & Spicy Tea - og	25 bags	1.79	FGOV
TE114	White Tea - og	25 bags	1.79	FGOV
<i>TEADIRECT</i>				
TE637	Teadirect decaff tea bags	80 bags	3.27	FGV
TE178	Teadirect Gold tea bags	80 bags	3.26	FGV
TE390	Teadirect Tea Bags	160 bags	3.26	FGV
TE690	Teadirect tea bags	80 bags	3.27	FGV
<i>TRADCRAFT</i>				
TE640	Earl Grey	50 bags	1.89	FGV
TE327	Fairtrade Indian Ocean Teabags	80 bags	2.69	FGV
TE644	One Cup Teabags Catering	440 bags	9.70	FGV

TOYS

ETHLETIC

NF200	Football - F/T Certified	each	13.90	FV
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FAIR DEAL TRADING

NF174	Eco Balloons	pack	1.99	FG
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WINES

BROUGHTON PASTURES FRUIT WINES

RS074	Ginger - OG	75 cl	9.20	FGOV
RS075	Mead - OG	75 cl	8.70	FOS

ORGANIC RED WINE

Argentina

RS117	Premium Malbec - Soluna	75cl	13.15	FGO
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Chile

RS112	Carmenere	75cl	7.75	FG
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South Africa

RS004	Cabernet Sauvignon - Stellar	75cl	9.06	FGOV
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RS221	Live a Little - Stellar	75cl	8.40	FGOV
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RS002	Merlot - Stellar	75cl	9.06	FGOV
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RS116	Shiraz - Running Duck	75cl	8.25	FGOV
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ORGANIC ROSE WINE

South Africa

RS118	Shiraz Rose - Running Duck	75cl	8.25	FGOV
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ORGANIC WHITE WINE

RS042	Torrontes Ecologica	75cl	7.83	FGO
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Chile

RS113	Sauvignon Blanc - Los Troncos	75cl	7.75	FG
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South Africa

RS183	Chardonnay - Sonap	75cl	9.19	FOV
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RS018	Chenin Blanc - Moonlight	75cl	7.39	FGOV
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RS115	Chenin Sauv Blanc - R/duck	75cl	8.25	FGOV
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RS019	Sauvignon Blanc - Stellar	75cl	7.93	FGOV
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B - biodynamic F - fairtrade G - gluten free O - organic V - vegan